



OPTOMETRISTS

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# ATROPINE



## BENEFITS

- Slows myopia progression
- Easy to administer
- Very low risk of systemic side effects

## LIMITATIONS

- Regular nightly instillation
- Pupil dilation and near vision blur
- Variable effectiveness
- Use in combination with correction (spectacles or contact lenses)
- Maximum treatment effect lasts ~2 years
- Reported allergy to atropine drops in some patients



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## FAQS

- **What is atropine?** Atropine is a compounded, antimuscarinic medication, that is instilled at night daily to manage myopia progression.
- **How does it work?** Atropine (in low dose 0.025-0.05%) partially and temporarily paralyzes the ciliary muscle and dilates the pupil, impacting the eye's ability to focus on near objects.

Dr Ally Stevens

Dr Mark Hinds

