



OPTOMETRISTS

07 33586566

2/53 Commercial Rd TENERIFFE
www.markhindsoptometrists.com.au

INTENSE PULSE LIGHT (IPL)

BENEFITS

- Managing evaporative and mixed dry eye disease
- Unclogging and improving meibomian glands
- Reducing ocular inflammation
- Improving tear film quality and stability by restoring the lipid (oil) layer of the tear film
- Treats chalazions and demodex
- Non-invasive procedure

LIMITATIONS

- Takes regular appointments to reach maximum efficacy and then top up treatments every 3-6 months
- Cost
- Not suitable for everyone
- Only treats Meibomian Gland Dysfunction, not exclusively aqueous deficient dry eye



[CLICK HERE TO
GET MORE
INFORMATION](#)



[CLICK HERE TO
BOOK AN
APPOINTMENT](#)

PRICING

Per Visit

Heat mask in massage chair, IPL treatment and gland expression

\$275

+ 20% off over the counter products purchased at visit

Research suggests 4-6 treatments recommended every 2-4 weeks for maximum results

FAQS

- **What is IPL?** IPL is a treatment for evaporative dry eye related to Meibomian Gland Dysfunction and ocular rosacea
- **How does it work?** 4 to 5 flashes of IPL are applied under each eye...
- **Are there any contraindications?** Yes, including sun exposure 2 - 4 weeks prior to treatment, use of Vitamin A or Retinol, active infections or skin tumors in the treatment area, compromised immune system, coagulation disorders, photosensitivity or allergy, use of aspirin/anticoagulants, pregnancy, moles and tattoos in the treatment zones.

Dr Ally Stevens

Dr Mark Hinds

