07 33586566 2/53 Commercial Rd TENERIFFE www.markhindsoptometrists.com.au

# ORTHOKERATOLOGY



# BENEFITS

- Slows myopia progression
- Reduced dependency on glasses and daytime contacts
- One pair of lenses can last 12-36 months
- Non surgical intervention for patients not eligible for laser surgery
- Temporary vision correction
- Great for active patients who require correction and spectacles and conventional contact lenses aren't appropriate.

# LIMITATIONS

- Temporary results / reversible
- · Risk of infection albeit very low
- Initial discomfort while wearing lenses
- Cost upfront about the same as contact lenses over time





CLICK HERE TO BOOK AN APPOINTMENT

# PRICING

#### **Ortho-K Tier 1 Custom**

Low myope – plano to -2.00 \$1800 Additional Biometry & Topography charges apply at 3, 6 and 12 month follow ups

# **Ortho-K Tier 2 Custom**

Moderate myope -2.00 to -4.00 Spherically & Astigmatism plano to -1.00 \$2100 Additional Biometry & Topography charges apply at 3, 6 and 12 month follow ups

#### **Ortho-K Tier 3 Custom**

Complex myope -4.00 to -6.00 Spherically & Astigmatism -1.00 to -3.00 \$2400 Additional Biometry & Topography charges apply at 3, 6 and 12 month follow ups

# FAQS

- What is OrthoK? Orthokeratology (ortho-k) is a non-surgical method of temporarily and reversibly improving vision by reshaping the cornea using specially designed rigid gas permeable contact lenses worn overnight. The primary goal of ortho-k is to reduce or eliminate the need for glasses or contact lenses during waking hours. This is a proven method to decrease myopia progression.
- How does it work? The lens is customised to your eye and specific prescription and works by flattening your cornea to improve your vision.





Dr Ally Stevens

**Dr Mark Hinds**